

# RIDERS MEETING

## **SX AND MX PRACTICE**

SX PRACTICE STARTS SATURDAY NOVEMBER 23<sup>rd</sup> AT 7AM

MX PRACTICE WILL START TUESDAY AFTER SX MAINS ARE OVER.

EACH MORNING AT 7AM ON RACE DAYS, WE WILL HAVE ONE SIGHT LAP FOR ALL RIDERS. WE WILL START WITH 450, 250, 125, SUPERMINI & 85, 65, AND 51+ MINI E. IT IS A FULL CAUTION LAP, NO JUMPING.

## **INSURANCE**

WE DO NOT HAVE OR PROVIDE RIDER MEDICAL INSURANCE. IF YOU DO NOT HAVE MEDICAL INSURANCE, WE SUGGEST YOU DO NOT RACE.

MOTOCROSS IS A DANGEROUS SPORT AND CAN RESULT IN INJURIES AND EVEN DEATH

## **STAGING**

STAGING IS LOCATED AT THE SW END OF SX TRACK.

SX HEAT AND 1 MX MOTO GATE PICK WILL BE COMPUTER GENERATED.

SX MAINS AND 2ND MX MOTOS GATE PICKS WILL BE BY FINISH FROM SX HEAT OR 1ST MX MOTO

## **MECHANICS**

MECHANICS CAN ONLY GET TO THE STARTING GATE AND THE MECHANICS AREA BY ENTERING THROUGH STAGING. ONLY ONE MECHANIC, WITH

A MECHANICS' WRISTBAND, CAN ENTER WITH THE RIDER IN STAGING. MECHANICS' MUST BE WITH THEIR RIDER TO ENTER STAGING.

MECHANICS CANNOT ENTER THE START AREA OR MECHANICS AREA ANY WHERE BUT STAGING.

AFTER THE RACE STARTS THE MECHANICS MUST GO TO THE MECHANICS AREA OR TO THE SPECTATING AREA.

IF A MECHANIC GOES TO THE SPECTATING AREA, HE CANNOT RETURN TO THE MECHANICS AREA.

## **STARTING GATE**

WHEN PICKING A GATE, IF YOU GO PAST A GATE, YOU CANNOT GO BACK TO THAT GATE.

YOU MUST LINE UP IN THE CENTER OF THE GATE.

YOU CAN NOT PICK UP THE METAL STARTING GRATES.

YOU CAN ONLY CLEAN THEM WITH A BRISTLE BRUSH OR A BROOM. YOU CANNOT USE ANY TYPE OF METAL BRUSH TO CLEAN THE STARTING GRATES

YOU CANNOT GO IN FRONT OF THE STARTING GATE

WHEN THE 2 CARD GOES UP, ALL MECHANICS MUST BACK AWAY FROM THE RIDER AND THE STARTING AREA.

THE 2 CARD WILL BE HELD UP FOR 10 SECONDS.

IF YOU HAVE A MECHANICAL PROBLEM WITH YOUR MACHINE, HOLD YOUR HAND UP AND YOU WILL GET A 2 MINUTE HOLD. IT IS FOR MECHANICAL PROBLEMS ONLY.

WHEN THE CARD GOES TO THE 1 CARD, AND IT WILL BE HELD FOR 10 SECONDS

WHEN THE 1 CARD GOES SIDEWAYS, THE GATE WILL DROP BETWEEN 3-5 SECONDS

IF YOU HIT THE START GATE, YOU WILL BE PENALIZED 1 LAP

## **FLAGS**

AT THE END OF THE FIRST LAP, YOU WILL GET A GREEN FLAG AND THAT IS A COURTESY FLAG THAT MEANS THE RACE IS ON.

AT THE BEGINNING OF THE LAST LAP, YOU WILL GET A WHITE FLAG, AND THAT IS A COURTESY FLAG AS WELL. THAT MEANS YOU HAVE ONE LAP TO GO UNTIL THE CHECKER FLAG

AT THE END OF THE LAST LAP YOU WILL GET THE CHECKER FLAG, AND THAT SIGNALS THE END OF THE RACE. ALWAYS RACE TO THE CHECKER FLAG.

IF YOU GET A BLACK FLAG YOU MUST PULL OFF OF THE TRACK IMMEDIATELY AND GO TO THE REGISTRATION OFFICE TO SEE A REFEREE.

IF YOU GET A RED FLAG, YOU MUST GO BACK TO YOUR ORIGINAL STARTING POSITION. IF 60% OR MORE OF THE RACE HAS BEEN RUN, WE WILL CALL THE RACE OVER.

IF LESS THAN 60% OF THE RACE HAS RUN, WE WILL RESTART THE RACE.

YOU MUST GO BACK TO YOUR ORIGINAL STARTING POSITION, AND WE WILL TELL YOU IF THE RACE WILL BE RUN OR NOT

IF YOU GET A YELLOW FLAG, YOU CANNOT JUMP OR PASS ANOTHER RIDER. YOU MUST PROCEED WITH CAUTION.

IF YOU GET A RED CROSS FLAG, YOU CANNOT JUMP OR PASS ANOTHER RIDER. YOU MUST PROCEED WITH EXTREME CAUTION. THERE IS A RIDER DOWN AND MEDICS ARE ON THE TRACK.

### **RUNNING OFF THE TRACK OR CUTTING THE TRACK**

IF A RIDER UNINTENTIONALLY RUNS OFF THE TRACK, THE RIDER MUST RETURN TO THE TRACK IN THE CLOSEST, SAFEST POINT WITH OUT GAINING AN ADVANTAGE OR POSITION ON ANY OTHER RIDERS.

IF A RIDER CUTS THE COURSE INTENTIONALLY, THE RIDER WILL BE PENALIZED.

### **PENALTIES FOR INFRACTIONS FOR YELLOW FLAGS, RED CROSS FLAGS, AND CUTTING THE COURSE**

<b><u>Infraction</u></b>	<b><u>Baseline Penalty</u></b>
<b>Jumping on the Yellow Flag</b> (Section 1.3; Chapter H; Paragraph 3; Page 32)	<b>Penalized 2 Positions</b>
<b>Jumping on Red Cross/Medical Flag</b> (Section 1.3; Chapter H; Paragraph 6; Page 32)	<b>Penalized 4 Positions</b>
<b>Course Cutting</b> (Section 1.3; Chapter F; Paragraph 6; Page 31)	<b>Penalized Positions Gained +1 Position</b>
<b>Course Cutting in the First Turn/Section</b> (Section 1.3; Chapter F; Paragraph 6; Page 31)	<b>Penalized Positions Gained +3 Positions</b>
<b>Passing on Yellow Flag</b> (Section 1.3; Chapter H; Paragraph 3; Page 32)	<b>Penalized Positions Gained +1 Position</b>
<b>Passing on Red Cross/Medical Flag</b> (Section 1.3; Chapter H; Paragraph 6; Page 32)	<b>Penalized Positions Gained +2 Positions</b>
<b>Outside Assistance</b> (Section 1.3; Chapter F; Paragraph 4; Page 30)	<b>Disqualification</b>

### **MEDICAL**

WE HAVE HIGHLY QUALIFIED MEDICAL PERSONELL ON THE TRACK TO ASSIST IN TAKING CARE OF ALL INJURED RIDERS

THE AMBULANCE IS LOCATED AT THE BASE OF THE SPECTATOR HILL WHERE THE MX ANNOUNCER TOWER IS LOCATED

**SPECTATORS AND PARENTS**

PLEASE DO NOT CROSS PAST THE FENCED AREA INTO THE TRACK AREA. IF YOUR RIDER IS DOWN, OUR MEDICAL PERSONELL WILL HANDLE TAKING CARE OF THE RIDER.

THEY WILL KEEP YOU POSTED AS SOON AS POSSIBLE. PLEASE DO NOT GO OUT ON THE TRACK OR CROSS THE FENCED OFF AREA.

**PROTEST**

YOU HAVE 30 MINUTES AFER THE RESULTS HAVE BEEN POSTED TO PROTEST ANOTHER RIDER OR THE RESULTS. IF YOU THINK THERE HAS BEEN A MISTAKE IN YOUR RESULTS, MAKE SURE THE SCORE IS EITHER CORRECT OR IS CORRECTED.

GO TO THE OFFICE THEY WILL LOOK INTO IT. IF YOU WANT TO PROTEST ANOTHER RIDER, YOU MUST GO TO THE REGISTRATION OFFICE AND FILE A FORMAL PROTEST WITH THE AMA PROTEST FORM AND PAY THE REQUIRED FEES

**AWARDS**

SUPERCROSS AWARDS CEREMONY WILL BE TUESDAY NIGHT AT 6PM. PLEASE PLAN TO ATTEND TO BE AWARDED FOR YOUR FINISHES FROM PLACING 1ST - 10TH PLACE.

MOTOCROSS AWARDS CEREMONY WILL BE SATURDAY AT THE CONCLUSTION OF RACING. WE WILL AWARD